

*The way we talk to our children  
becomes their inner voice.*

—Peggy O'Mara

## Fees and Insurance

Johnson County Mental Health Center offers a variety of services to Johnson County residents at a reduced rate according to ability to pay. At your first appointment we will determine your needs, and review your household income, family size and financial obligations. No individual is denied service due to lack of financial resources. Your health insurance may or may not cover a portion of our services.



### Accessibility

Johnson County Mental Health Center does not discriminate on the basis of race, color, origin, gender, gender identification, sexual orientation, religion, age, or disability status in employment or the provision of services.

### Governance and Licensing

Johnson County Mental Health Center operates under the auspices of Johnson County Government with an advisory board appointed by the Board of County Commissioners. We are licensed as a community mental health center and certified as an alcohol and drug treatment facility by the Kansas Department for Aging & Disability Services.

## Accessing Services

For immediate crisis needs, please call our crisis line at (913) 268-0156. Help is available 24 hours a day/7 days a week.

To obtain services, utilize our same day access process. Open access is available M-F from 9am to 2pm at the Shawnee and Olathe offices on a walk-in basis. An initial intake with a Licensed Mental Health Professional (LMHP) will assess individual needs and match with appropriate mental health and/or substance use disorder services.

For additional information, please call (913) 826-4200.

<b>Olathe Office</b>	1125 W. Spruce St.
<b>Mission Office</b>	6000 Lamar Ave., Suite 130
<b>Shawnee Office</b>	6440 Nieman Rd.

## Stay Connected



[www.jocogov.org/mentalhealth](http://www.jocogov.org/mentalhealth)  
JCMHCInfo@jocogov.org



# JOHNSON COUNTY KANSAS

## Mental Health



## Children and Family Services

**(913) 826-4200**  
Crisis Line: (913) 268-0156



## Children's Services

Johnson County Mental Health Center offers psychiatric rehabilitative services to youth (ages 3 – 18) with emotional or behavioral disorders. An individualized plan of care is developed for each child/family to determine needs, emphasizing short-term interventions aimed at resolving difficulties and stabilizing behavior.

The program can help a family in situations where a child:

- Expresses suicidal/self-harm tendencies
- Has a dramatic change in personality or behaviors
- Is verbally or physically assaultive
- Is isolated or withdrawn
- Frequently does not follow household rules
- Runs away or threatens to run away
- Avoids school
- Has contact with the legal system due to their behavior
- Is at risk of removal from the home due to hospitalization or placement

TEACH  
encourage  
INSTRUCT  
MENTOR  
PRAISE  
influence  
GUIDE  
INSPIRE

## Services Available

### Community Based Services

Psychiatric rehabilitative services begin with an assessment that focuses on the strengths and needs of the child and family. Based on this assessment, case manager's work one-on-one with the youth and family to provide the services needed to resolve issues and stabilize behavior. Some examples of what a case manager might do are:

- Help the family develop behavior management strategies for the home
- Explore recreational and socialization opportunities available in the community
- Teach the youth skills necessary for successful relationships
- Identify and implement strategies with the youth and family for school success
- Work on developing independent living skills

### Psychosocial Group

Different from "therapy groups", psychosocial group helps children learn by doing. Groups are offered on a variety of topics including: problem solving, social skills, leisure time training, health and personal relationships.

### Individual, Family & Group Therapy

Licensed Mental Health Professionals (LMHP) provide short-term, goal-directed therapeutic intervention to youth and families utilizing a wide range of specialized interventions and evidenced-based practices.

- Improve family communication skills
- Develop strategies to address emotionally charged problems
- Restore balance to family relationships.

### Home and Community Based Waiver for Seriously Emotionally Disturbed (SED) Children and Youth

The SED Waiver is a federal Medicaid waiver program that the mental health center provides children who meet clinical and financial eligibility requirements. Services are specialized, intensive and time-limited to assist children and families in resolving difficulties, stabilizing behavior and improving the overall functioning of the child.

### Forensic Services

Mental Health Clinicians provide services to individuals who are in the Johnson County Juvenile Justice system. The clinician located at the Juvenile Detention Center (JDC) provides crisis intervention services, suicide watch assessments, and mental health assessments for the Court. The JDC clinician meets with youth upon request to assist with managing their emotions while in JDC.

### Functional Family Therapy (FFT)

is an evidence-based approach that has received international recognition for its outcomes in helping troubled youth and their families to overcome delinquency, substance abuse, and violence. FFT is a short-term treatment strategy of approximately 12-14 family sessions. The model includes treatment strategies that pave the way for motivating individuals and families to become more adaptive and successful in their own lives. Youth are referred to the team by Corrections staff or the Court.